



Simply Lacrosse Has Got You Covered!

Girls Winter Lacrosse Clinics

6 Sessions

\$150

Get ready for the season!

Simply Lacrosse will be holding Winter Lacrosse Clinics in January and February on Monday nights starting January 13, 2020.

Who:

- Girls Grades 5-7 at 6:30 - 7:30 (For Beginner - Intermediate Level)
- Girls Grades 8-9 at 7:30 - 8:45 (For Experienced Players)

What:

- Girls Grades 5-7 will practice the fundamental lacrosse skills in preparation for Spring Season in a fun environment while developing confidence and seeing old friends & and meeting new ones. Small team scrimmages will be included to simulate game like conditions.
- Girls Grades 8-9 will focus on advanced drills (including non-dominant hand, dodges, off ball positioning etc.) and 5 v. 5 games to prepare for the season.

Where:

- Camp Sunshine's Gym in Basking Ridge (3575 Valley Rd by Mt. Airy Rd, Basking Ridge, NJ 07920)

When: Monday Nights

- January 13, 20, 27
- February 3, 10, 24

REGISTRATION ONLINE ONLY BY January 11, 2020

www.simplylacrossenj.com

Questions? Contact Simply Lacrosse Coach Wil Fratto at wfratto@simplylacrossenj.com